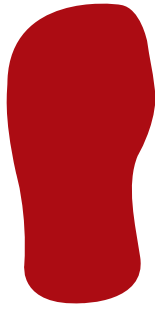
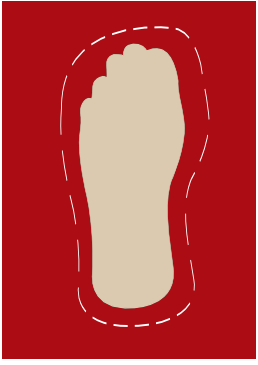
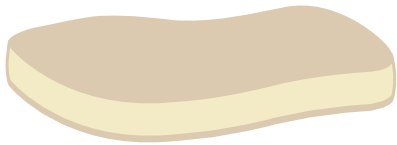


Making the sole...



- 1** Draw around your foot onto a piece of card; add about 5mm extra all the way around and then cut it out. This is the template for the sole of your shoe

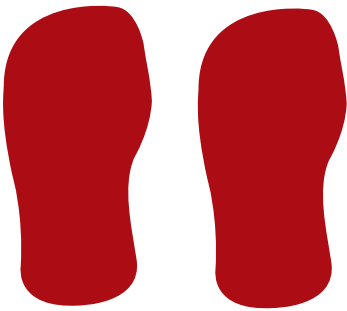


Foam



Bubble Wrap

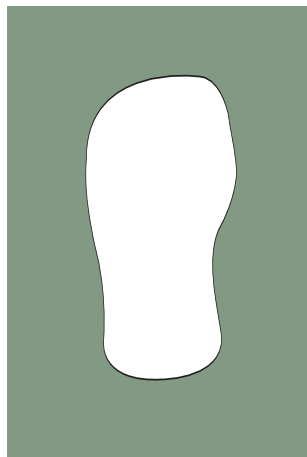
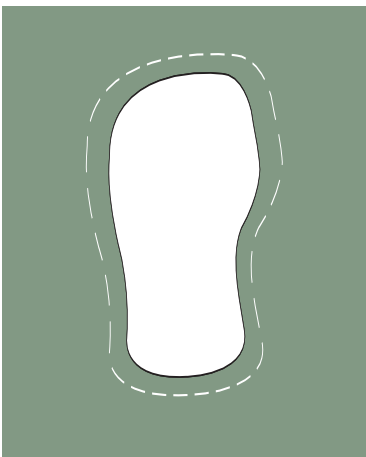
- 2** Use the template to cut out the shape from foam, or layers of bubble wrap stuck together.



- 3** Use the same template to cut out 2 pieces of card.

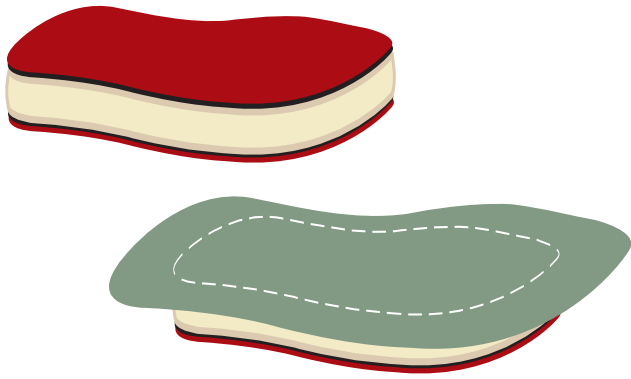


- 4** Sandwich the foam or layers of bubble wrap in between the card. You now have the sole of your shoe!

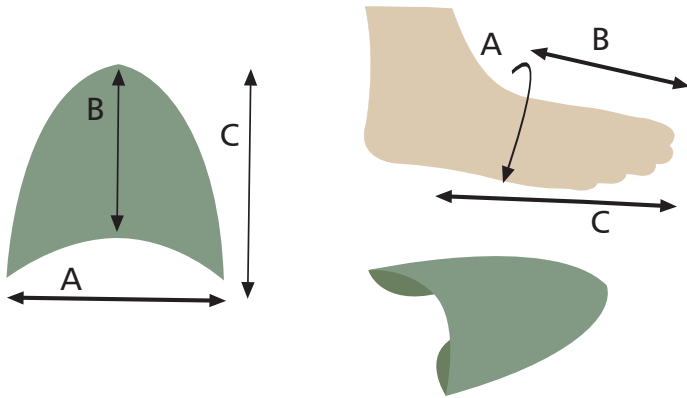


- 5** Using the template, cut out a piece of fabric make it about 4cm extra all the way round. This will cover the top of the sole. Turn the template over and cut a piece of fabric exactly the same size as the template. This will cover the bottom of the sole.

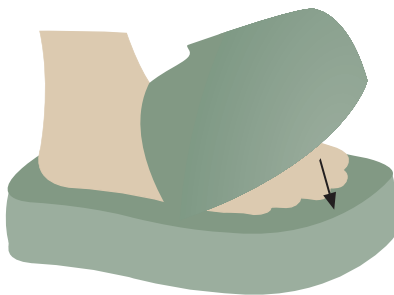
Making the Slipper...



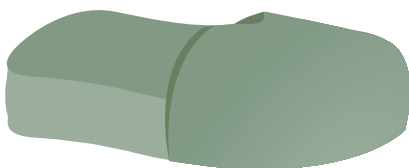
- 1 Make the sole as described. Pull the larger piece of fabric tight over the cardboard sole and glue the edges onto the bottom of the sole. It is a good idea to make small snips in the fabric to help it stick neatly.



- 2 Cut out a piece of felt shaped like the picture to the far left. It needs to be wide enough to fit over your instep (line A) and wide enough to cover your toes (line B). Add about 5cms as a seam allowance.



- 3 Put your foot on top of the sole and put the fabric on top of your foot. Pull the fabric so that it feels comfortable over the top of your foot. Tuck the ends of the fabric underneath the sole and glue them down.



- 4 When you have glued the top section down, use the smaller piece of sole shaped fabric, to cover the base of the sole and hide any messy bits. You could decorate the sides of your slipper with zig zag ribbon and cut out shapes in different materials to decorate the top. Repeat these steps to make a flip flop for your other foot.